

Steps of Reconciliation

1) Enter Confessional.

Student: Hello, Father.

Priest: Welcome.

2) Sign of the Cross

Priest: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Student: Make the sign of the cross and say Amen.

3) Confession of Sins

Student: Forgive me Father for I have sinned. This is my first confession.
List your sins and ask for forgiveness.

4) Penance:

Priest: Suggests a penance or prayers [or both].

5) Act of Contrition

Priest: Asks you to pray your act of contrition, which tells God you are sorry for your sins and will try to do better.

Student: My God,

I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance for my sins, to sin no more,
and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us.

In his name, my God, have mercy.

6) Prayer of Absolution

Priest: God, the Father of mercies,
through the death and resurrection of his Son
has reconciled the world to himself
and sent the Holy Spirit among us for the forgiveness of sins;
through the ministry of the Church may God give you pardon and peace,
and I absolve you from your sins in the name of the
**Father, and of the Son, and
of the Holy Spirit. Amen.**



*Student will make the sign of the cross
when this is said and say, "Amen".*

7) Goodbye and Departure

Priest: Go in peace.

Student: Thanks be to God.

8) Penance

Student: If the priest gave you penance, do this as soon as possible.